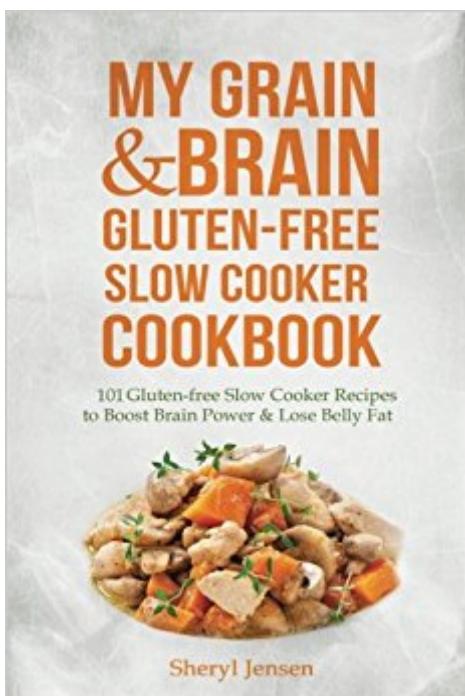


The book was found

My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes To Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb And Wheat-Free Slow Cooker Cookbook



Synopsis

Get the Grain & Brain Gluten-Free Slow Cooker Cookbook - The Smarter & Easier Way To Eat! Following a Brain Healthy Gluten Free Diet Just Got Easier! My Grain & Brain Slow Cooker Cookbook is an ideal companion for anyone looking for: Gluten-Free Slow Cooker Recipes • Grain Free Recipes • Gluten Free Recipes • Wheat Free Belly Recipes • Brain Health Recipes • Wheat Free Recipes • Celiac Recipes • Autoimmunity Recipes • Low Sugar Recipes • Low Carb Recipes This cookbook consists of 101 recipes that are specially created for a healthy and tasty experience. The book is also beginner friendly and consists of ingredients that are easy to find with easy-to-follow instructions. Readers are assured that the choice of ingredients used in these recipes are carefully chosen, based on a brain healthy gluten-free diet. Therefore, only the healthiest proteins, fats, fruits and vegetables are used in order to ensure that you are eating for a healthy brain advantage. Now you can start or maintain your brain healthy gluten-free diet without worrying about time constraints.

Book Information

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Customer Reviews

It's ok.

GBFAT

Awesome cookbook! Thank you!

Good

Have tried several recipes and loved everyone. So far the meatballs are the family's favorite.

Do not like this one as well as others ordered.

Not my favorite cookbook!

Okay book.. Nothing remarkable for our needs.

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