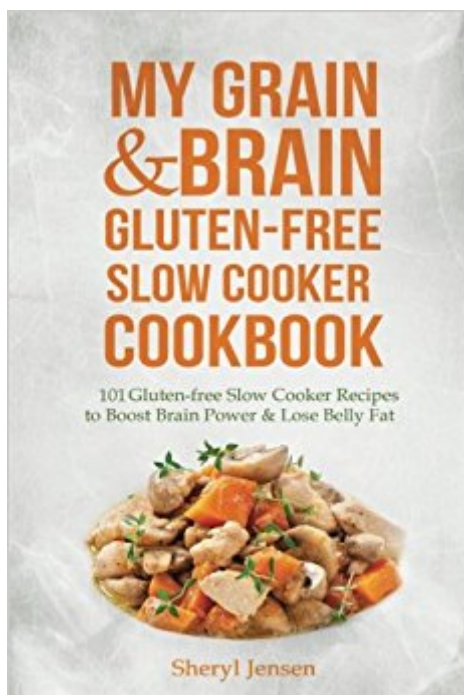


The book was found

My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes To Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb And Wheat-Free Slow Cooker Cookbook



Synopsis

Get the Grain & Brain Gluten-Free Slow Cooker Cookbook - The Smarter & Easier Way To Eat! Following a Brain Healthy Gluten Free Diet Just Got Easier! My Grain & Brain Slow Cooker Cookbook is an ideal companion for anyone looking for: Gluten-Free Slow Cooker Recipes & Grain Free Recipes & Gluten Free Recipes & Wheat Free Belly Recipes & Brain Health Recipes & Wheat Free Recipes & Celiac Recipes & Autoimmunity Recipes & Low Sugar Recipes & Low Carb Recipes This cookbook consists of 101 recipes that are specially created for a healthy and tasty experience. The book is also beginner friendly and consists of ingredients that are easy to find with easy-to-follow instructions. Readers are assured that the choice of ingredients used in these recipes are carefully chosen, based on a brain healthy gluten-free diet. Therefore, only the healthiest proteins, fats, fruits and vegetables are used in order to ensure that you are eating for a healthy brain advantage. Now you can start or maintain your brain healthy gluten-free diet without worrying about time constraints.

Book Information

Paperback: 218 pages

Publisher: CreateSpace Independent Publishing Platform (October 4, 2014)

Language: English

ISBN-10: 1502719649

ISBN-13: 978-1502719645

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 20 customer reviews

Best Sellers Rank: #290,830 in Books (See Top 100 in Books) #58 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Wheat Free #87 in Books > Cookbooks, Food & Wine > Special Diet > Wheat Free #136 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease

Customer Reviews

It's ok.

GREAT

Awesome cookbook! Thank you!

Good

Have tried several recipes and loved everyone. So far the meatballs are the family's favorite.

Do not like this one as well as others ordered.

Not my favorite cookbook!

Okay book.. Nothing remarkable for our needs.

[Download to continue reading...](#)

My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook Low Carb: 365 Days of Low Carb Recipes (Low Carb, Low Carb Cookbook, Low Carb Diet, Low Carb Recipes, Low Carb Slow Cooker, Low Carb Slow Cooker Recipes, Low Carb Living, Low Carb Diet For Beginners) Wheat Belly: Wheat Belly Slow Cooker: 30 Delicious Grain-Free Slow Cooker Recipes for Beginners (Wheat Belly, Wheat Belly Slow Cooker) Wheat Belly: Top Slow Cooker Recipes: 230+ Grain & Gluten-Free Slow Cooker Recipes for Rapid Weight Loss with The Revolutionary Wheat Belly Diet (The Wheat-Free Cookbook) Belly Fat: The Healthy Eating Guide to Lose That Stubborn Belly Fat - No Exercise Required (Belly Fat, Healthy eating, weight loss for women, low fat, ... wheat, detox, grain free, gluten free) Low Carb Cookbook: Delicious Snack Recipes for Weight Loss. (low carbohydrate foods, low carb cooking, low carb diet, low carb recipes, low carb, low carb ... dinner recipes, low carb diets Book 1) Low Carb Diet: Introduction To Low Carb Diet And Recipes Of Low Carb Soups And Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Flat Belly Diet: The 14 Day Challenge - Flat Belly Diet Cookbook: Flat Belly Diet for Women, Flat Belly Diet for Men, Flat Belly Recipes, Eat ... Belly, Flat Belly, Flat Belly Diet (Volume 1) Low Carb: The Ultimate Beginner's Low Carb Guide to Lose Weight Quick without Starving With over 20 Easy Recipes To Follow. (Low Carb, Low Carb Cookbook, ... Diet, Low Carb Recipes, Low Carb Cookbook) Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Low Carb Cookbook: 500 BEST LOW CARB RECIPES (low carb diet for beginners, lose weight, Atkins diet, low carb foods, low carb diet weight loss, low carb food list) BELLY FAT: 40 EFFECTIVE

HABITS to BURN BELLY FAT for A SLIM WAIST (Belly Fat, Fat Burning For Women, Weight Loss, Zero Belly Diet, Flat Belly Diet, Abs Diet, Waist Training Workout) (FIT BODY Book 1) Low Carb Diet: Burn Fat! Discover Delicious Recipes! And Lose Weight FAST! (Gluten Free Diet, Candida, Atkins Diet, Celiac, Fibromyalgia, Diabetes, Cancer, ... Belly, Grain, Brain, Epilepsy, Belly Fat) Low Carb Candy Bars: 25 Low Carb Recipes To Satisfy Your Sweet Tooth: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Slow Cooker Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) The Ketogenic Diet Cookbook: Lose 15 Lbs In Two-Weeks With 66 Perfect Low Carb Keto Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) WHEAT BELLY: SLOW COOKER: Cookbook of 25 Grain Free Recipes for Weight Loss (Weight Loss, Low Carb, Grain Free,Healthy) Wheat Belly Cookbook Bundle: The Best-Of The Essential Kitchen Series Wheat Belly Recipes: Over 100 Delicious Grain-Free Recipes to Help You Lose Weight and Feel Great Low Carb Slow Cooker Cookbook: Delicious Fat Burning Low Carb Slow Cooker Recipes (Low Carb Crockpot Cookbook Book 3)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)